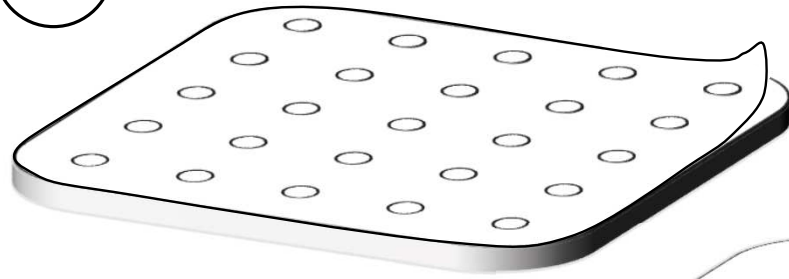


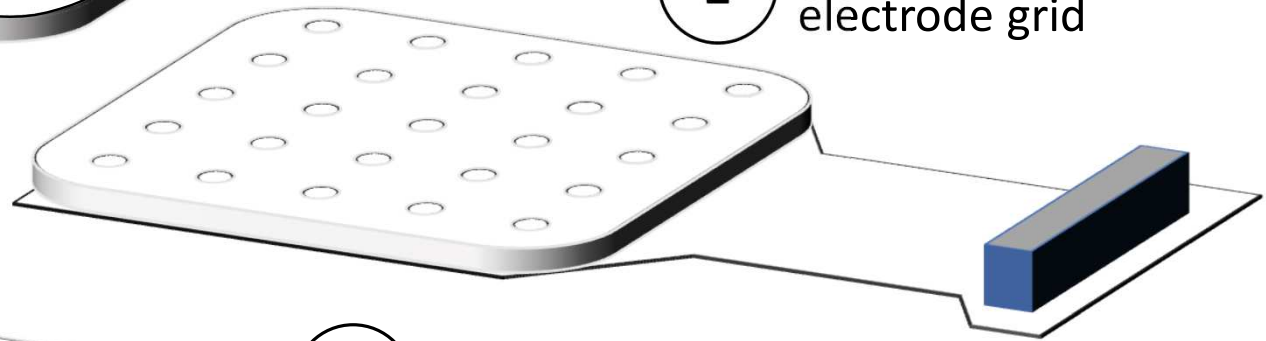
How to use the double adhesive foams

1 Remove the first protective layer

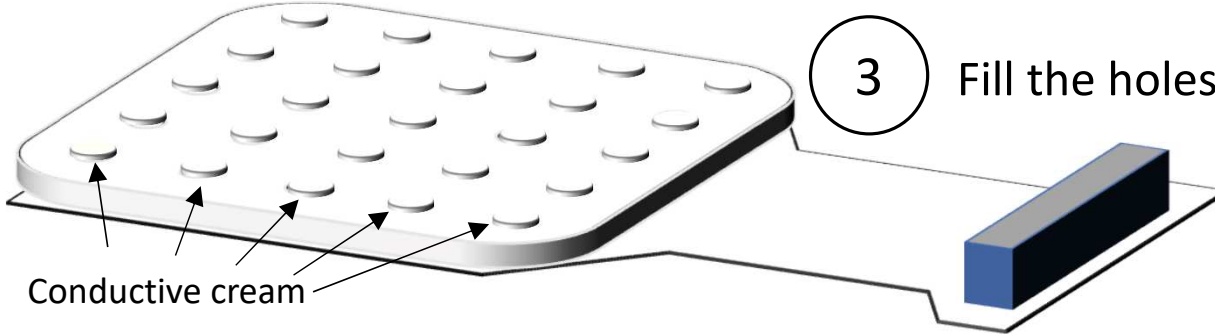


Flip the foam

2 Stick the foam on the electrode grid



3 Fill the holes with conductive cream



4 Remove the other protective layer and stick on the skin

